

APPENDIX 1



ENVIRONMENTAL CLEANLINESS AND CLUTTER SCALE*



5)

DEMOGRAPHIC DETAILS

MRN	
------------	--

(This sheet may be removed if it is desirable to de-identify the client when communicating with other agencies)

NAME OF CLIENT	SURNAME	OTHER NAMES			
Date of birth <i>and/or</i> approx age of client					
Sex <i>(please circle)</i>	MALE			FEMALE	
Marital Status <i>(please circle)</i>	SINGLE	MARRIED/ DEFACTO	WIDOWED	DIVORCED	SEPARATED UNABLE TO DETERMINE
Address					
Does he/she live alone? <i>(please circle)</i>	YES			NO	
If not, who with?					
Number and type of pets					
Home ownership	OWNER	TENANT-private	TENANT-DOH	OTHER- non-owner (lodger)	
Accommodation type	HOUSE	UNIT	BEDSIT	OTHER (specify)	
How long has he/she been living like this? <i>(please circle)</i>	LESS THAN 1 YEAR	1-3 YEARS	4-10 YEARS	OVER 10 YEARS	
Known medical illnesses and/or disabilities					

Mental disorders now or in the past	

** Developed by Graeme Halliday and John Snowdon, EMAIL: jsnowdon@mail.usyd.edu.au
This scale is based on the version devised by Snowdon (1986) which mostly used items listed by Macmillan & Shaw (1966).
Accessibility, food & vemin items, together with some descriptions used by Samios (1996) in her adaptation of the scale, have been included.*



ENVIRONMENTAL CLEANLINESS AND CLUTTER SCALE



To rate cleanliness of clients' accommodation

5)

Raters should circle the box or number that best fits their observations in relation to the different items. These descriptions are meant to be indicative but raters may decide between one category and another based on aspects not mentioned in the boxes.

Rater: Rater's phone no:..... Date:
/...../.....

A.	ACCESSIBILITY (clutter):			
	0	1	2	3
	EASY TO ENTER AND MOVE ABOUT DWELLING.	SOMEWHAT IMPAIRED access but can get into all rooms.	MODERATELY IMPAIRED access. Difficult or impossible to get into one or two rooms or areas.	SEVERELY IMPAIRED access – e.g. obstructed front door. Unable to reach most or all areas in the dwelling.
	0-29%	30 to 59%	60 to 89%	90 to 100%
	of floor-space inaccessible for use or walking across			

B.	ACCUMULATION OF REFUSE or GARBAGE			
	In general, is there evidence of excessive accumulation of garbage or refuse e.g. food waste, packaging, plastic wrapping, <u>discarded</u> containers (tins, bottles, cartons, bags) or other <u>unwanted</u> material ?			
	0	1	2	3
	NONE	A LITTLE Bins overflowing and/or up to 10 emptied containers scattered around.	MODERATE Garbage and refuse littered throughout dwelling. Accumulated bags, boxes and/or piles of garbage that should have been disposed of.	A LOT Garbage & food waste piled knee-high in kitchen and elsewhere. Clearly no recent attempt to remove refuse & garbage

C.	ACCUMULATION OF ITEMS OF LITTLE OBVIOUS VALUE:			
	In general, is there evidence of accumulation of items that most people would consider are useless or should be thrown away ?			
	0	1	2	3
	NONE	SOME ACCUMULATION: but collected items are organised in some way and do not much impede movement or prevent cleaning or access to furniture and appliances.	MODERATE EXCESSIVE ACCUMULATION: Items cover furniture in most areas, and have accumulated throughout the dwelling so that it would be very difficult to keep clean.	MARKEDLY EXCESSIVE ACCUMULATION: Items piled at least waist-high in all or most areas. Cleaning would be virtually impossible: most furniture & appliances are inaccessible.

PLEASE INDICATE TYPES OF ITEMS THAT HAVE BEEN ACCUMULATED :

Newspapers, pamphlets, etc.
(what?.....)

Clothing

Other items

Electrical appliances

Plastic bags full of items (If known, what items?

D.	CLEANLINESS of floors & carpets (excluding toilet & bathroom) :			
	0	1	2	3
	ACCEPTABLY CLEAN IN ALL ROOMS.	MILDLY DIRTY Floors & carpets look as if not cleaned or swept for days. Scattered rubbish.	VERY DIRTY Floors & carpets very dirty & look as if not cleaned for months. <i>Rate 1 if only one room or small area affected.</i>	EXCEEDINGLY FILTHY With rubbish or dirt throughout dwelling. <i>Excrement usually merits a 3 score.</i>

E.	CLEANLINESS of walls & visible furniture surfaces & window-sills :			
	0	1	2	3
	ACCEPTABLY CLEAN IN ALL ROOMS.	MILDLY DIRTY Dusty or dirty surfaces. Dirt comes off walls on damp rag or finger.	VERY DIRTY Grime or dirt on walls. Cobwebs & other signs of neglect. Greasy, messy, wet &/or grubby furniture.	EXCEEDINGLY FILTHY Walls, furniture, surfaces are so dirty (e.g. with faeces or urine) that rater wouldn't want to touch them.

F.	BATHROOM & TOILET :			
	0	1	2	3
	REASONABLY CLEAN.	MILDLY DIRTY Untidy, uncleaned, grubby floor, basin, toilet, walls, etc. Toilet may be unflushed.	MODERATELY DIRTY Large areas of floor, basin, shower/bath, are dirty, with scattered rubbish, hair, cigarette ends, etc. Faeces and/or urine on outside of toilet bowl.	VERY DIRTY. Rubbish &/or excrement on floor & in bath or shower &/or basin. Uncleaned for months or years. Toilet may be blocked and bowl full of excreta.

G.	KITCHEN & FOOD:			
	0	1	2	3
	CLEAN HYGIENIC.	SOMEWHAT DIRTY & UNHYGIENIC Cooktop, sink untidy & surfaces dirty, maybe with some spilt food. Refuse mainly in garbage bin. Food that could go off (e.g. meat, remains of meal) left uncovered & out of fridge. <i>Rate 1 if no food but fridge dirty.</i>	MODERATELY DIRTY & UNHYGIENIC Oven, sink, surfaces, floor are dirty, with piles of unwashed crockery & utensils etc. Bins overflowing. Some rotten or mouldy food. Fridge unclean.	VERY DIRTY & UNHYGIENIC Sink, cook-top, insides of all cupboards filthy. Large amount of refuse & garbage over surfaces & floor. Much of the food is putrid, covered with mould &/or rotten, & unsafe to eat. <i>Rate 3 if maggots seen.</i>

H.	ODOUR:			
	0	1	2	3
	NIL / PLEASANT	UNPLEASANT e.g. urine smell, unaired.	MODERATELY MALODOROUS. Bad but rater can stay in room.	UNBEARABLY MALODOROUS. Rater has to leave room very soon because of smell.

I.	VERMIN (Please circle: rats, mice, cockroaches, flies, fleas, other):			
	0	1	2	3
	NONE	A FEW (e.g. cockroaches)	MODERATE. Visible evidence of vermin in moderate numbers e.g. droppings & chewed newspapers.	INFESTATION. Alive &/or dead in large numbers.

J.	SLEEPING AREA:			
	0	1	2	3

	REASONABLY CLEAN & TIDY.	MILDLY UNCLEAN. Untidy. Bed unmade. Sheets unwashed for weeks.	MODERATELY DIRTY. Bed sheets unclean & stained, e.g. with faeces or urine. Clothes &/or rubbish over surrounding floor areas.	VERY DIRTY. Mattress or sleeping surface unclean or damaged. Either no sheets or (if present) extremely dirty bedding/linen. Surrounding area filthy.
--	-------------------------------------	--	--	---

Add up circled numbers to provide a TOTAL SCORE:

DO YOU THINK THIS PERSON IS LIVING IN SQUALOR? <i>(circle one)</i>	NO	YES, mild <i>Not clutter</i>	YES, moderate <i>Not clutter</i>	YES, severe <i>Not clutter</i>
	Clutter (lots), <i>not squalor</i>	Yes, mild <i>+ clutter (lots)</i>	Yes, moderate <i>+ clutter (lots)</i>	Yes, severe <i>+ clutter (lots)</i>

SUPPLEMENTARY QUESTIONS (to add to description but not to score):

<p>Comments or description to clarify / amplify / justify or expand upon above ratings:</p> <p>.....</p> <p>.....</p> <p>.....</p> <p>.....</p> <p>.....</p>

PERSONAL CLEANLINESS			
Describe the clothing worn by the occupant and their general appearance:			
0	1	2	3
CLEAN & NEAT. Well cared for.	UNTIDY, crumpled. One or two dirty marks and in need of a wash	MODERATELY DIRTY, with unpleasant odour. Stained clothing.	VERY DIRTY, stained, torn clothes, malodorous.

ACTIVITIES AFFECTED BY CLUTTER / ACCUMULATION

(Please circle the appropriate number for the 8 activities)

	Easily accessible	Accessible but with some difficulty	Access much restricted	Access impossible
<u>KITCHEN:</u>				
1. Use of refrigerator	0	1	2	3
2. Use of stove/cooker	0	1	2	3
3. Use of kitchen sink and adjacent surfaces	0	1	2	3
<i>Average of 1 - 3</i> (i.e. total of the three scores divided by 3)				
<u>TOILET/BATHROOM:</u>				
4. Use of toilet	0	1	2	3
5. Use of bath/shower	0	1	2	3
6. Use of bathroom sink	0	1	2	3
<i>Average of 4 - 6</i> (i.e. total of the three scores divided by 3)				
<u>BEDROOM:</u>				

7. Bed accessible for sleeping?	0	1	2*	3
<u>LIVING ROOM:</u>				
8. Can seats be reached and sat on?	0	1	2*	3

* Scores of 2 given if the bed/seat can be reached (with difficulty) and can then be cleared of clutter enough to use it for lying/sitting.

Continuation...SUPPLEMENTARY QUESTIONS (to add to description but not to score):

Is there running water in the dwelling ?	YES or NO ?
Is electricity connected and working?	YES or NO ?
Can the dwelling be locked up and made secure?	YES or NO ?

MAINTENANCE, UPKEEP, STRUCTURE			
This rates the state of repair and upkeep by owner/landlord. If the accommodation was cleaned up as much as possible, to what extent would the dwelling require painting, refurbishment, structural repairs, etc before it would be reasonably habitable?			
0	1	2	3
None.	A LITTLE. Minor repairs & some painting.	A FAIR AMOUNT. Some structural repairs plus painting.	LOTS. Major structural repairs required, & then painting.

TO WHAT EXTENT DO THE LIVING CONDITIONS MAKE THE DWELLING UNSAFE OR UNHEALTHY FOR VISITORS OR OCCUPANT(S)?			
0	1	2	3
Not at all.	POSSIBLE RISK of injury e.g. by falling	CONSIDERABLE RISK of fire, injury or health problem	VERY UNSAFE The dwelling is so cluttered and unhealthy that people should not enter it, (except if specialists with appropriate clothing & equipment) and/or there is a high fire-risk.